

FIRST TEN DAYS OF DHUL HIJJAH Be Like Prophet Ibrahim *Revive Pack + Toolkit*





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Introduction

Assalamu Alaikum dear fellow MAS members,

This packet is a resource that you can adapt to best serve your youth and community. Please feel free to use supplemental materials, ideas, or mix & match activities in a way that maintains building on the topic. We'd love to hear how you and/or your chapter modifies and implements this program or the activities included!

The precious days of Dhul Hijjah are once again upon us, and Allah tells us that the first 10 days of this month are the best of the year. As we all gear up to make the most of them through abundant worship and dhikr, let's try our best to emulate one of the greatest role models Allah has presented for the believers. He says in the Quran, "You already have an excellent example in Ibrahim." [60:4] Whether it's the rituals of Hajj or the sacrifices we carry out on Eid Al-Adha, these days of Dhul-Hijjah remind us of the enduring legacy of our great Prophet Ibrahim. Join us as we learn from his awe-inspiring qualities and strive to become tenacious believers like Ibrahim (A).

This packet offers your team time for fellowship for, opportunities for youth and adults alike to reflect on the importance of Dhul-Hijjah.

Please reach out to Tarbiya at TD@ MuslimAmericanSociety.org if you have any questions or need any support -JazakumAllah khairan for your service!





National Offerings

What we have in store for you:



#BELIKEPROPHETIBRAHIM REMINDERS:

Follow us @MuslimAmericanSociety on facebook and instagram as we reflect on this. If your chapter is looking for a social media plan, it can be found on page 10.



REMASTERED PODCAST:

Special episode with guest Dr. Mohamed AbuTaleb to learn how being like Prophet Ibrahim can help you maximize the blessed month of Dhul Hijjah and deepen your relationship with Allah!





Programming Ideas & Tips

QIYAM PROGRAMMING

To implement the stand-alone or weekly programs, simply choose from the different segments and activities detailed in the Qiyam outline below, figure out the program flow that works best for your group, and modify the timing to fit your group's needs.

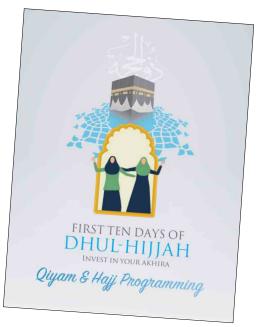
Example of a two hour program outline - (remember, do what works best for your group and the effectiveness of the program!)

2 HOUR PROGRAM:

- Welcome (5 min)
- Icebreaker & Ta'aruf (20 min)
- Khatira/Intro to Topic (15 min)
- Small Group Breakout (20 min)
- Break: Fellowship & Food (25 min)
- Lesson Connection Activity (30 min)
- Closing and Announcements (5 min)

If your capacity is low at the moment and you don't feel ready for a Qiyam or weekly program but you don't want to miss this opportunity to engage your youth during Dhul-HIjjah, we suggest doing a simple program (examples on page 6).

If you would be ready for a Qiyam or series after Eid, take this opportunity to start engaging your volunteers/ facilitators/leads, start planning, and announce the upcoming programs at your gathering:



Want to create a focus on Hajj? Click <u>here</u> to use our comprehensive Qiyam & Hajj Guide that includes activity worksheets, qiyam agenda, and more!





Programming Ideas & Tips

The activities below are great examples of other ways to engage your youth and provide them with the tools to maximize their ten days of Dhul-Hijjah:

Gathering Type	Best Time	What to Plan
HALAQA & FELLOWSHIP CIRCLE	Before or at the beginning of Dhul-Hljjah	Learning, conversation, reflection on Dhul- HIjjah's significance and social bonding
SPIRITUAL GATHERING	Night before Day of Arafat to in- spire fasting the next day or after Dhuhr and before Maghrib on the Day of Arafat connecting to Wuquf al-Arafat	Khatira, Quran reflection, Ma'thurat, communal prayer
GROUP IFTAR	On the Day of Arafat as a stand alone gathering or right after pray- ing Maghrib together right after the spiritual gathering described above	Beforehand try to rally your youth to make the intention to fast on the Day of Arafat - you can even establish fasting or prayer inspiration and support partners (just for this or for the rest of the summer!) - and gather together in fellow- ship and worship with one another at a com- munity or youth iftar.





10 Ways to Maximize the 10 Best Days of the Year



1. Set your compass, and focus on the destination. Our intention is the essence and foundation of action. Just as we need to always renew our intentions in our day-to-day lives, we must be intentional about our goals and the steps we take toward them, using faith as our compass and staying focused on the final destination.



2. Keep your good deeds simple and have hope that Allah will multiply your rewards. Allah tells us that any atom's weight of good has a positive effect on our Hereafter. Keep them simple and consistent. Do what you can do - celebrate every win and trust the Promise of Allah.

The Prophet (s) said, "There are no days in which good deeds are more beloved to Allah than in these ten days." The companions asked him, "Not even Jihad for the sake of Allah?" He replied, "Not even Jihad for the sake of Allah—except for a man who goes out with himself and wealth, and returns with neither." (Sahih)



3. Keep up with your prayers, increase them, and make sincere dua. The first thing we will be asked about after our death is whether we prayed five times a day or not. Evaluate where you're at and come up with a goal to increase your prayer.

"O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient." (Surah Baqarah 2:153)



4. Remember Allah with dhikr. Keep your heart and mind engaged with His remembrance between your prayers. Remember Allah like He's your best friend; like Prophet Ibrahim (A) Allah Himself ordered us to increase our remembrance of Him in these days.

"And to Remember the name of Allah through the Days appointed." (Surah al-Haj, 28)





This act of worship requires no effort and can be done at any time and any place. All that is required is presence of mind and heart.

The Prophet(s) said, "There are no days greater in the sight of Allah, nor days in which deeds are more beloved to Allah than in these ten days. So fill them with the praises of 'la ilah illa Allah,' 'Allah Akbar,' and 'alhamdulilah." (Sahih)

Dear brother and sister, engage in these blessed remembrances frequently, just as your beloved Prophet asked.



5. Engage with the Words of Allah. How about every night? Even a few lines! Read and reflect on these most precious days, and connect with the Book of Allah however, feels most accessible to you right now. You're more likely to connect consistently and "live" the Quran when you connect in a way that works for you (i.e., listening, reciting, Tafseer, etc.). Read it with devotion, ponder its meanings, and involve your heart. Read this stirring description by Allah:

Allah has revealed the greatest of messages—a Book, consistent within itself, oft-repeated: sending a shiver through the skins of those who fear their Lord; then their skins and their hearts do soften to the remembrance of Allah. (Surah al Zumar, 23)



6. Reflect upon your habits and refrain from your vices. Evaluate the habits that do not serve you on your journey to the Hereafter. Think of ways you can "fast" from those vices during these 10 days.

"Satan only wants to cause between you animosity and hatred through intoxicants and gambling and to avert you from the remembrance of Allah and from prayer. So will you not desist?" (Surah Maidah 5:91)



7. Be charitable; spend your money for the sake of Allah. Charity is a key way to live your faith. Remember, charity and giving of your wealth do not always mean money! It can be your time, skills, energy, network, influence, acting with compassion and ihsan, being able-bodied and healthy, etc.





Our brothers and sisters who made it to Hajj this year have spent selflessly from their wealth and energy to fulfill their obligation to Allah. Do not hold back your own wealth. Live and give generously for the sake of Allah.

Allah says, "You shall not attain righteousness until you give from that which you love!} (Aal 'Imran, 92).

"The exponential benefits of charity: it is the best investment, it shields from hellfire, it is a shade on the Day of Judgement, it cures sickness, it wards off trials and difficulty, it brings ease, it brings more sustenance our way, and it extinguishes God's anger." (3, pg 292-295)



8. Spend quality time with family. Take time to bond with your family and strengthen family ties. It's a simple yet profoundly effective form of worship. Safeguarding the relationship with relatives is so encouraged that relatives have been mentioned 23 times in the Holy Quran, along with some valuable rulings relating to them.

"And Worship God and join none with Him in worship, and do good to parents, kinsfolk." (4:36)

In this verse, parents and relatives are mentioned right after God mentions Himself. Islam views keeping relations with family members prolongs one's life and increases one's sustenance.

The Prophet said: "He who wishes that his sustenance be increased for him and his death day be delayed, then he should pay attention to his kinsfolk."



9. Fast on the Day of Arafat. Forgiveness for the previous year and forthcoming year? Subhan'Allah!

The Prophet (s) said, "Fasting the day of Arafah erases the sins of two years: the previous year and the coming one." And he (s) said, "There is no day in which Allah liberates more servants from the hellfire than the Day of Arafah." (Sahih)





10. Invest in your forever - your akhira and legacy!

On the authority of Abu Hurairah (R) that the Prophet (s) said, "When a person dies, his deeds come to an end except for three: Sadaqah Jariyah (a continuous charity), or knowledge from which benefit is gained, or a righteous child who prays for him." (Muslim)







How To #BeLikeProphetIbrahim

Whether it's the rituals of Hajj or the sacrifices we carry out on Eid AlAdha, these days of Dhul-Hijjah remind us of the enduring legacy of our great Prophet Ibrahim. Join us as we learn from his awe-inspiring and timeless qualities and strive to become tenacious believers like Ibrahim (A). Here's how we can be more like him.



1. BE Reflective LIKE IBRAHIM

Prophet Ibrahim was known to be opposed to his people's practice of idolatry since he was a young boy. Through observation, reflection, and ultimately Allah's guidance, he realized natural phenomena like the rising and setting of the sun, moon, and stars all pointed to a single controller. He used these signs to guide his people to worship the true God.



2. BE AN AGENT OF CHANGE LIKE IBRAHIM

Prophet Ibrahim spoke out against idol-worship in the face of fierce opposition from his people, calling them to believe in one God. He passionately tried to convince his own father, a prominent idol-sculptor. Despite his father's cruelty and unresponsiveness, Ibrahim prayed for him even after his death.



3. BE LOGICAL LIKE IBRAHIM

Prophet Ibrahim once smashed idols worshiped by his people, and when the people asked him if he was the one to destroy them he said the idols should speak up, if they were truly all-powerful gods.



4. BE **BRAVE** LIKE IBRAHIM

The tyrant-king Nimrod thought he had defeated Prophet Ibrahim when he said he had the power to keep people alive or give them death just as God. But he was dumbfounded when Ibrahim fearlessly challenged him back saying Allah raised the sun from the East and asked if Nimrod could cause it to rise up from the West instead.



5. BE Certain LIKE IBRAHIM

When his people threw him in a large fire for going against their false gods, the angel Jibreel came to him and asked if he had any wish. Instead of asking to be saved, Prophet Ibrahim replied that Allah was enough to take care of his affairs.





(A P)

FIRST TEN DAYS OF

How To #BeLikeProphetIbrahim



After being commanded to sacrifice his precious son Ismail, he was prepared to do so with Ismail's full consent only for the pleasure of Allah. Allah then rewarded his intention by replacing the sacrifice of Ismail with an animal instead.

7. BE Steadfast LIKE IBRAHIM

While on his way to carry out the sacrifice of his son Ismail, Satan tried to dissuade him multiple times, but he threw stones to vanquish him. This act is commemorated as a ritual in Hajj.



8. BE Generous LIKE IBRAHIM

Prophet Ibrahim was not a wealthy man, but his heart was big. Once when angels disguised as unknown men knocked at his door, he immediately slaughtered a calf and cooked it, bringing out the best food in the house for his guests.



9. BE Tender-hearted LIKE IBRAHIM

The same angels who brought Prophet Ibrahim news of his son Ishaq, also informed him of the impending punishment the people of Lut would face. He began praying for them with utmost concern even though they could not be saved.



10. BE A VISIONARY LIKE IBRAHIM

Prophet Ibrahim constructed the Kaba and instituted the rites of Hajj which we practice till this day. He prayed for future generations to be good Muslims and for his descendants to be nourished and protected by Allah.







5 Du'as of Prophet Ibrahim:

CHALLENGE

Can you memorize any of these five duas of Ibrahim in both Arabic and English? Make it a goal to do so during the 10 days of Dhul Hijjah.

ACCEPTANCE OF DEEDS

{ رَبَّنَا تَقَبَّلْ مِنَّا • إِنَّكَ أَنتَ السَّمِيعُ الْعَلِيم } "Our Lord! Accept (this service) from us. Verily! You are the All-Hearer, the All-Knower." (2: 127)

2. STEADFASTNESS IN PRAYER

{ رَبِّ ٱجْعَلْنِي مُقِيمَ ٱلصَّلَوٰةِ وَمِن ذُرِّيَّتِي • رَبَّنَا وَتَقَبَّلْ دُعَآءِ }

"My Lord! Make me and those 'believers' of my descendants keep up prayer. Our Lord! Accept my prayers." (14:40)

3. FORGIVENESS FOR ALL

{ رَبَّنَا ٱغْفِرْ لِى وَلِوِّلِدَىَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ ٱلْحِسَابُ }

" Our Lord! Forgive me, my parents, and the believers on the Day when the judgment will come to pass. " (14:41)

4 WISDOM & RIGHTEOUSNESS

{ رَبِّ هَبْ لِي حُكْمً • وَأَنْحِقْنِي بِٱلصَّلِحِينَ • وَٱجْعَل لِّي لِسَانَ صِدْقٍ فِي ٱلْتَاخِرِينَ }

"My Lord! Grant me wisdom, and join me with the righteous. Bless me with honorable mention among later generations." (26: 83-84)

5. SAFETY ON THE DAY OF JUDGEMENT

{ وَلَا تُخْزِنِي يَوْمَ يُبْعَثُونَ ٨٧ يَوْمَ لَا يَنفَعُ مَالٌ وَلَا بَنُونَ • إِلَّا مَنْ أَتَى ٱللَّهَ بِقَلْب سَلِيم }

"And do not disgrace me on the Day all will be resurrected—the Day when neither wealth nor children will be of any benefit. Only those who come before Allah with a pure heart 'will be saved'." (26: 87-89)







1. A DUA FOR MY DESCENDENTS

- Age Group 7 and up
 - Supplies Writing paper, pen, envelope



Instructions Write a letter to your future generations praying for them as Prophet Ibrahim prayed for his future generations after He built the Kaaba



- Can you find where Prophet Ibrahim's dua is referenced in the Quran?
- What are you asking Allah for your descendants?
- What do you want your children to know in terms of what it means to be a good Muslim? Add some advice to end your letter.

After you're done writing your letter, share the contents if you're doing this activity as part of a group. Then place it in an envelope and write "A Dua for My Descendents" on the front. Keep it in a safe spot and inshaAllah share it with your future children one day.

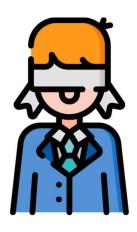






2. LEAD THE BLINDFOLDED

- Age Group 5 and up
 - Supplies Blindfolds



InstructionsThis game requires a large indoor or outdoor area. Divide the
participants into two groups and give them enough blindfolds for
everyone except one member to put on. The teams are placed on
opposite sides of the space. The person who is not blindfolded is
required to lead their team to the other side of the designated space,
using clear commands.



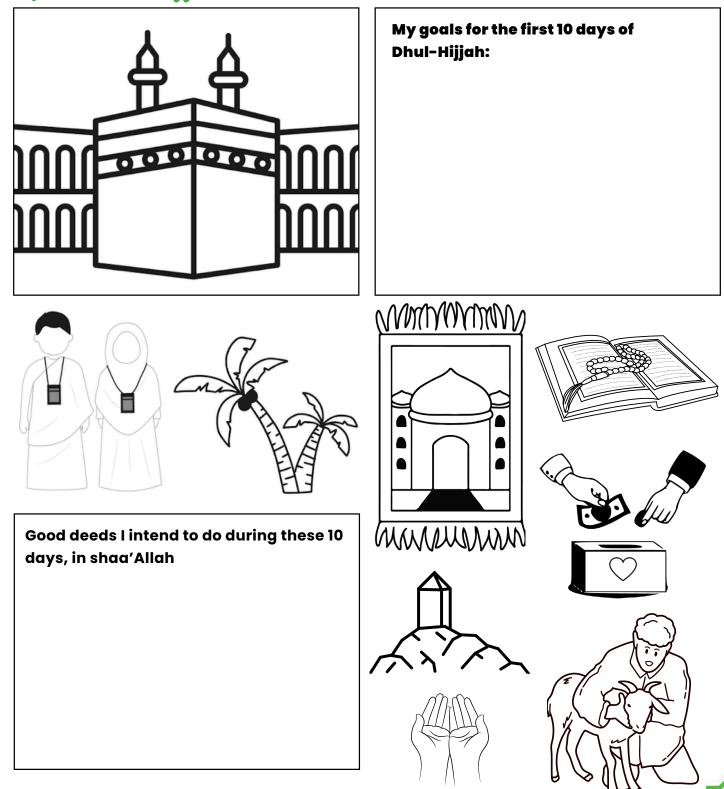
Ensure that each member of the team has an opportunity to lead their team. The winner is the team that sees its members successfully cross the finish line. Then answer the following questions:

- How did it feel to lead others who could not see what you saw?
- Was it frustrating when the other team members didn't understand or follow your commands?
- What did you learn about being a leader from this experience?
- What did you learn about being a follower of someone who you recognized was there to guide you?
- What commands and/or tone of voice worked better for you when you were blindfolded being led by your team member?
- What are some qualities needed to be a good leader, and how did Prophet Ibrahim exhibit them?





My Dhul Hijjah Planner for Kids







Social Media Tips

SUGGESTED MESSAGING (#LIKEPROPHETIBRAHIM MESSAGING):

Whether it's the rituals of Hajj or the sacrifices we carry out on Eid Al-Adha, these days of Dhul-Hijjah remind us of the enduring legacy of our great Prophet Ibrahim. Join us as we learn from his awe-inspiring and timeless qualities and strive to become tenacious believers like Ibrahim (A).

قَدْ كَانَتْ لَكُمْ أُسْوَةٌ حَسَنَةٌ فَ إِبْرَٰهِيمَ

"You already have an excellent example in Ibrahim" (60:4)

RECOMMENDATIONS FOR POSTING

To prep your audience for the first 10 days, we propose that you start a few days ahead to create an understanding about the graphics and material that will be posted during Dhul-Hijjah.

• Don't overhwhelm your audience: breakdown your primary content into neat, bite-size posts for the 10 days of Dhul-Hijjah. For example, 10 things to do during Dhul-Hijjah, 10 tips, 10 qualities, etc.

Use the resources we have created for you regarding Prophet Ibrahim <u>here</u>.

HASHTAGS TO USE:

- #LikeProphetIbrahim
- #10daysofDhul-Hijjah
- #DhulHijjahwithMAS
- #DhulHijjah

Click here to use the social media resources



Why are we trying to be

#LikeProphetIbrahim?

{قَدْ كَانَتْ لَكُمْ أُسْوَةٌ حَسَنَةٍ فِ

"You already have an excellent example in

#LikeProphetIbrahim

How to Be

#LikeProphetIbrahim THIS DHUL-HIJJAH



Resources:



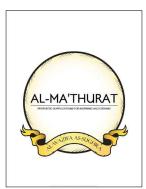
QIYAM PROGRAMMING: HAJJ



REMASTERED PODCAST 2021: HOW DO YOU MAXIMIZE THE 10 BEST DAYS OF THE YEAR?



REMASTERED PODCAST 2023: HOW TO #BELIKEPROPHETIBRAHIM IN TODAY'S WORLD



AL MA'THURAT



SOCIAL MEDIA GRAPHICS

